

## 1600 METER RUN - MINNESOTA ALL-TIME

3:59.70	Rob Finnerty, Burnsville 2008 (4:01.09y)	4:13.59	Brian Brochman, Stillwater 2010
4:02.72	Joe Klecker, Hopkins 2015 (4:04.13y)	4:13.61	Josh Thorson, Wayzata 2012
4:03.6	Gary Bjorklund, Proctor 1969 (4:05.1y)	4:13.77	Owen Hoeft, Hopkins 2016
4:04.31	Jaret Carpenter, Wayzata 2016 (4:05.73y)	4:13.6	Bob Wagner, St Louis Park 1965 (4:15.1y)
4:05.75	Jordan Carlson, Rosemount 2008 (4:07.18y)	4:13.85	Max Manley, Edina 2018
4:06.89	Nick Schneider, Benilde-St Margaret's 2000 (4:08.33y)	4:13.86	Zack Benning, Hastings 2014
4:07.82	Steve Holman, Richfield 1988 (4:09.26y)	4:13.93	Ernest Mattson, White Bear Lake 2022
<b>4:08.00</b>	<b>Noah Breker, Robbinsdale Armstrong 2023</b>	4:13.98	T.C. Lumbar, Edina 2007
<b>4:08.06</b>	<b>Bryce Stachewicz, Lakeville North 2023</b>	<b>4:13.98</b>	<b>Ryan Mulrooney, Rosemount 2023</b>
4:09.00	Garrett Heath, Winona 2004	4:14.04	Mike VanBeusekom, Irondale 2003
(10)		(70)	
4:09.10	Ben Blankenship, Stillwater Area 2007	4:13.9	Pat Kriedler, Dul Denfeld 1969 (4:15.4y)
<b>4:09.32</b>	<b>Aidan Jones, Minneapolis Washburn 2023</b>	4:14.17	Hassan Mead, Mpls South 2007
4:09.38	Eli Krahn, Stillwater Area 2013	4:14.17	Michael Hutton, Apple Valley 2008
4:09.59	Paul Hilsen, Lakeville South 2007 (4:11.04y)	4:14.18	Josh DoBell, Mankato East 2000
4:09.5	Bob Redenbaugh, Rochester JM 1976 (4:11.0y)	4:14.0	Tim Richardt, Rochester JM 1974 (4:15.5y)
4:10.0	Rob Carney, Burnsville 1978 (4:11.5y)	4:14.37	Mark Narveson, Mankato West 1988
4:10.27	Daniel VanAcker, Forest Lake Area 2022	4:14.39	Matt Steiger, LaCrescent 2018
4:10.29	Elliot Heath, Winona 2007	4:14.2	John Keohen, Montgomery 1978 (4:15.7y)
4:10.1	Mike Slack, St Paul Harding 1969 (4:11.6y)	4:14.53	Mar Jang, Mpls Edison 2002
4:10.42i	Elliott McArthur, Mounds View 2021 (4:11.88y)	4:14.4	Gary Wilde, Mpls Roosevelt 1969 (4:15.9y)
(20)		(80)	
4:10.42	Wayde Hall, Stillwater Area 2013	4:14.4	John Long, Totino Grace 1985
4:10.2	Ian Keith, Rochester Mayo 1976 (4:11.7y)	4:14.65	Jason Owen, Stewartville 1995
4:10.53	William Skelly, Mounds View 2022 (4:10.98y)	4:14.67	Jacob McDermott, Cretin-Derham Hall 2013
4:10.78	Andy Richardson, Irondale 2007	4:14.5	Tom Polisen, Little Falls 1977 (4:16.0y)
4:10.6	Tim Harris, Henry Sibley 1972 (4:12.1y)	4:14.74	Luke Labatte, Rosemount 2019
4:10.6	Dan Lyndgaard, New Richland 1972 (4:12.1y)	4:14.78	Steve Leuer, Osseo 1996
4:10.6	Steve Plasencia, Cooper 1974 (4:12.1y)	<b>4:14.78</b>	<b>Max Westerlund, Minnetonka 2023</b>
4:10.91	Obsa Ali, Richfield 2013	4:14.80	Blayne Dulan, Coon Rapids 2010
4:11.0	Scott Clark, Osseo 1976 (4:12.5y)	4:14.88	Andrew Brandt, Wayzata 2019
<b>4:11.25</b>	<b>Emmett Gerres, Belle Plaine 2023 (4:13.72y)</b>	4:14.7	Dennis Fee, White Bear Lake 1972 (4:16.2y)
(30)		(90)	
<b>4:11.25</b>	<b>Cameron Stocke, Rock Ridge 2023</b>	4:15.00	Andrew Casey, Lakeville North 2022
4:11.5	Tim O'Donnell, Simley 1975 (4:13.0y)	4:14.8	Tim Turnbull, Hopkins 1966 (4:16.3y)
4:11.5	Larry Berkner, Ely 1975 (4:13.0y)	4:14.8	Craig Greenslit, Hastings 1988
4:12.02	Shane Streich, Waseca 2015	4:15.04	Ted Gustafson, Owatonna 2000
4:12.05	Joey Duerr, Chaska 2013	4:15.18	Kevin Docherty, Cretin-Derham Hall 2012
4:12.11	Jacob Sandry, Bloomington Jefferson 2010	4:15.20	Matt Yak, Faribault 2007
4:12.17	Justin Hyytinen, Farmington 2015	4:15.20	Donny Wasinger, Winona Cotter 2008
4:12.27	Luke Watson, Stillwater Area 1998	4:15.23	Isaac Basten, Buffalo 2019
4:12.32	Seth Eliason, Hopkins 2017	4:15.0	Lindsay Brown, Stillwater 1978 (4:16.5y)
4:12.1	Mike Hanley, Anoka 1968 (4:13.6y)	4:15.1	Greg Nelson, Mpls Washburn 1967 (4:16.6y)
(40)		(100)	
4:12.44	Gabe Smit, Prior Lake 2021	4:15.1	Kim Baron, Proctor 1970 (4:16.6y)
4:12.45	Riley Macon, Rochester Mayo 2012	4:15.35	Aiden Kilbarda, Stillwater 2021
4:12.49	Hamza Ali, Mpls Washburn 2016	4:15.37	Mike Torchia, Rochester Lourdes 2006
4:12.57	Khalid Hussein, Wayzata 2017	4:15.39	Jake Autio, St. Michael-Albertville 2010
4:12.4	Mike Gebeke, WB Mariner 1979	4:15.43	Ben Scheller, Chanhassen 2021
4:12.67	Eli Hoeft, Hopkins 2019	4:15.44	Tom Burke, Edina 2007
4:12.72	Connor Olson, Wayzata 2015	4:15.46	Carson Hoeft, Armstrong 1985
4:12.5	Ben Grockett, Mpls Roosevelt 1967 (4:14.1y)	4:15.46	Neil Grosscup, Minneapolis Southwest 2003
4:12.7	Jay Schoenfelder, Duluth East 1995	4:15.50	Sam Carlson, Bemidji 2014
4:13.00	Jack Manderscheid, Edina 2016	4:15.55	Neil Hanson, Fairmont 1999
(50)		(110)	
4:13.07	Andy Tate, Stillwater 1996	4:15.59	Cameron Arkesteyn, Wayzata 2019
4:13.13	Jeremy Polson, Duluth Denfeld 1996	<b>4:15.68</b>	<b>Nolan Sutter, Chaska 2023</b>
4:12.9	Donovan Bergstrom, Elgin-Millville 1988	4:15.69	Eric Colvin, Stillwater Area 2013
4:13.25	Austin Streit, Mounds View 2019	4:15.70	Leo Goodman, Hopkins 2021
4:13.1	John Purves, Rochester JM 1971 (4:14.6y)	4:15.71	Chris Erichsen, Kingsland 2004
4:13.42	Will Burke, Edina 2013	4:15.77	Alex Miley, Maple Grove 2017
4:13.51	Ryan Kollman, Centennial 1996	4:15.81	Acer Iverson, Roseville Area 2019
4:13.54	Ryan Little, Eden Prairie 2007	4:15.6	Dave Jones, Dul Morgan Park 1967 (4:17.1y)
4:13.56	Ben Hanson, Buffalo 2001	4:15.6	Dave Kampa, St Cloud 1969 (4:17.1y)
4:13.59	Tom Schmidt, Faribault 2002	4:15.91	Danny Docherty, Cretin-Derham Hall 2008 (4:17.61y)
(60)		(120)	

4:15.93 Gabe Birkmeier, Andover 2022  
4:15.7 Bruce Johnson, Minnetonka 1966 (4:17.2y)  
4:16.00 Alexander Carrabre, Waconia 2016  
4:16.00 Shef West, Blake 2022  
4:15.8 Nick Golebiowski, St. Cloud Cathedral 2012  
4:16.12 Yonas Seyum, St Paul Arlington 2000  
4:15.9 Kurt Roth, SP Cretin 1975 (4:17.4y)  
4:15.9 Mark Feyereisen, Grace 1977 (4:17.4y)  
4:15.9 Don Hurley, SP Cretin 1978 (4:17.4y)  
4:15.9 Brian Kraft, Bemidji 1981  
(130)  
4:15.9 Jim Larranaga, Holy Angels 1984  
4:16.17 Moses Heppner, Warroad 2009  
4:16.23 Mason Ferlic, Mounds Park Academy 2011  
**4:16.28 Robert Mechura, Roseville Area 2023**  
4:16.1 Steve Sanford, Edina 1965 (4:17.6y)  
4:16.1 Gary Delaney, White Bear Lake 1978 (4:17.6y)  
4:16.38 Jacob McCleary, Perham 2021  
4:16.41 William Leer, Minnetonka 2003  
4:16.47 Joel Reichow, White Bear Lake 2012  
4:16.54 Brennen Peterson, Rosemount 2021  
(140)  
4:16.55 David VanOrsdel, Hopkins 2002  
4:16.62 Casey Ide, Red Wing 2002  
4:16.4 Van Nelson, Mpls Washburn 1964 (4:17.9y)  
4:16.4 John Wodny, Cloquet 1985  
4:16.70 Doug Debold, Hopkins 2007  
4:16.72 Christian Skaret, Minnetonka 2011  
4:16.5 Jake Watson, Stillwater 2004  
4:16.74 Justin Grunewald, Brainerd 2004  
4:16.75 Adam Zutz, St. Francis 2011  
4:16.6 Dan Spear, Alexander Ramsey 1973 (4:18.1y)  
(150)  
4:16.84 Greg DeFor, Jefferson 1985  
4:16.84 Ian Eklin, Wayzata 2015  
4:16.85 Jonathan Stublaski, Henry Sibley 2006  
4:16.85 Zach Miller, Edina 2017  
4:16.87 Ryan Malmin, Hopkins 2000  
4:16.92 Forrest Tahdoahnippah, Mpls. Southwest 2002  
4:16.92 Bailey Hesse-Withbroe, Stillwater 2015  
4:16.92 Addison Stansbury, Stillwater 2019  
4:16.7 Pat Kelly, SP Monroe 1965 (4:18.2y)  
4:16.7 Walter Johnson, Mpls Southwest 1975 (4:18.4y)  
(160)  
4:16.99 Jason Greene, Lakeville 1996  
4:16.99 Oliver Paleen, St. Paul Highland Park 2019  
4:17.01 Sam Scott, Minneapolis Southwest 2022  
**4:17.01 Matthew Lindgren, Totino Grace 2023**  
4:17.02 Nick Hutton, Apple Valley 2008  
**4:17.02 Aiden Keller, Breck 2023**  
4:16.8 Mike McGowan, Blue Earth 1979 (4:18.3y)  
4:17.06 Tom Breuckman, Andover 2018  
4:17.11 Corey Moody, Osseo 2017  
4:17.12 Owen Lindseth, Minneapolis Southwest 2022  
(170)  
4:16.9 Mike Brown, Stillwater 1985  
4:16.9 Todd Beetcher, Rochester Mayo 1985  
4:16.9 Jeff Taylor, Mounds View 1985  
4:16.9 Charlie Lawrence, Foley 2012  
4:17.0 Phillip Lavallee, Monticello 2012  
4:17.24 Lucas Mueller, Nova Classical Academy 2017  
4:17.25 Tyler King, Lakeville North 2007  
4:17.33 Sean Graham, Stillwater Area 1999  
4:17.33 Jesse Prince, Bemidji 1999  
4:17.1 Lane Wieker, Armstrong 1975 (4:18.6y)  
(180)  
4:17.1 Dan Fjelstad, Albert Lea 1975 (4:18.6y)  
4:17.1 Chris Thompson, Faribault 1989  
4:17.2 Mike Johnson, Osseo 1985  
4:17.45 Hunter Staack, Hopkins 2016  
4:17.47 John Holt, Roseville 2009  
4:17.49 Jeff Svedahl, Cloquet 1986  
4:17.49 Pete Zambrano, Hibbing 1989  
4:17.54 Dan Fadgen, Buffalo 2005  
4:17.56 Salvador Wirth, Annandale 2022  
4:17.57 Steven Dado, Totino Grace 2011  
(190)  
4:17.4 Mark McConnon, Monticello 1987  
4:17.64 Jackson Wiley, Eden Prairie 2007  
4:17.70 Steve Briggs, Winona 1988  
4:17.5 Scott Ergen, St. Cloud Tech 1979  
4:17.78 Geno Uhrbom, Greenway/Nashwauk/Keewatin 2021  
4:17.80 Pat Lehmann, Plainview 2002  
4:17.82 Eddie Kibira, Minneapolis Edison 2003  
4:17.86 Tom Linner, Stillwater Area 2012  
4:17.90 Patrick Roos, Edina 2017  
4:17.91 Gemechu Meskele, Wayzata 2016  
(200)  
4:17.92 Nic Scheller, Chanhasen 2018  
4:17.7 Scott Slaughter, Bloomington Jefferson 1972 (4:19.2y)  
4:17.7 Brad Holmberg, North St Paul 1973 (4:19.4y)  
4:17.95 Ben Vanderbosch, White Bear Lake 2018  
4:17.98 Zach Roozen, Mounds View 2012  
**4:17.98 Kaleb Sharp, Jordan 2023**  
4:17.8 Ron Watters, White Bear Lake 1968 (4:19.3y)  
4:17.8 Mike Engh, White Bear Lake 1969 (4:19.3)  
4:17.8 Derrick Poirier, St Francis 1985  
4:18.04 Kevin Dado, Totino Grace 2016  
(210)  
4:18.04 Shuayb Hussein, Wayzata 2019  
4:17.9 Rob Serres, LaCrescent 1975 (4:19.6y)  
4:17.9 Doug Schneider, Eden Prairie 1981  
4:17.9 Kaafi Adeys, Willmar 2007  
4:18.15 Dave Groos, Mpls Washburn 1979  
4:18.22 Geno Uhrbom, Greenway/Nashwauk/K 2019  
4:18.0 Dennis Sewill, Osseo 1968 (4:19.5y)  
4:18.0 Darrin Shephardson, Winona 1985  
4:18.27 Jake Derouin, Eden Prairie 2019  
4:18.30 Alex Gutierrez, Eden Prairie 2021  
(220)  
4:18.1 Jim Gathje, Rochester Lourdes 1982  
4:18.1 Paul Gisselquist, Richfield 1982  
4:18.43 Justin Weigel, Forest Lake 2010  
4:18.43 Glen Ellingson, Moorhead 2012  
**4:18.43 Miles Fischer, Cloquet 2023**  
4:18.2 Andy Kummer, White Bear Lake 1998  
4:18.44 James Krajsa, Moorhead 2005  
4:18.46 Christopher Trotter, St. Louis Park 2016  
4:18.47 Todd Johnson, Cambridge-Isanti 2003  
4:18.48 Nick Wareham, Woodbury 2015  
(230)  
**4:18.50 Brandon Kampsen, Sauk Centre 2023**  
4:18.53 Adam Moline, Wayzata 2011  
4:18.54 Jonathan Stoltman, Little Falls 2005  
4:18.55 Scott Kvidera, Minnetonka 2014  
4:18.57 Martin Robeck, St Michael-Albertville 2000  
4:18.59 Brian Fitzgerald, Alexander Ramsey 1986  
4:18.61 Mark McMonigal, Rosemount 1981  
4:18.61 Jason Olsen, Hutchinson 1988  
4:18.4 Jerry Nelson, Faribault 1959 (4:19.9y)  
4:18.4 Skip Chalker, Edina-East 1975 (4:19.9y)  
(240)

4:18.4 Ken Trautman, Winona 1977 (4:19.9y)  
4:18.4 Roger Thelen, Farmington 1983  
4:18.64 Andy Fenske, Park Center 2010  
4:18.64 Faysal Mahmoud, Burnsville 2014  
4:18.66 Brent Loberg, Duluth Denfeld 1998  
4:18.68 Sean Bjork, Stillwater 2012

4:18.71 Ryan Malmin, Hopkins 2001  
4:18.5 Tom Gardner, Richfield 1968 (4:20.0y)  
4:18.5 Jim Thomas, Bl Lincoln 1972 (4:20.0y)  
4:18.5 Steve Johnson, Robbinsdale 1973 (4:20.0y)  
4:18.5 Karl Ermisch, Richfield 1976 (4:20.0y)  
(251)

The USTFCCA uses the factor of .9942 to convert from yards to meters.

For handheld times this is about 1.5 seconds.

For ranking purposes hand-held times recorded to the tenth of a second are considered .24 seconds slower. For example, Slack's 4:10.1 is considered comparable to a 4:10.34.

**9/10/2023**